Baby Review

2015 New Arrivals

A Special Supplement to

Urbana
DAILY CITIZEN

Wednesday, Feb. 24, 2016

Hank Danny Bair

Grandson of
Dan & Kathy Bair of St. Paris

Rhenna Audrey Smith

Granddaughter of Sara Marsh
& Wendell Hill of Urbana

Kadon Mark McIntosh

Son of Matt & Ashley McIntosh
of West Liberty

Zachary Matthew Huffman

Son of Amber & Matt Huffman
of Urbana

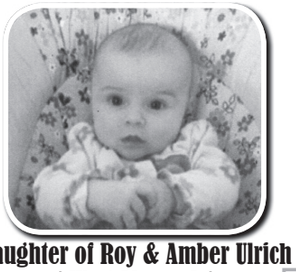
Aedan Draper-Hanson

Son of Christy Draper &
Troy Hanson of Yellow Springs

Lillian Hope York

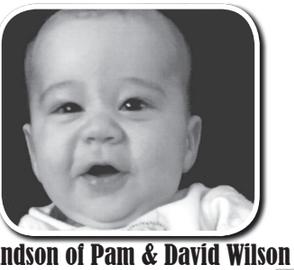
Granddaughter of Erie & Mary Putnam
of St. Paris

Hannah Leanne Ulrich



Daughter of Roy & Amber Ulrich
of West Alexandria

Nolan Anderson Payne



Grandson of Pam & David Wilson
of Urbana

We put Baby Safety First!

Whether it's a prescripton or over the counter medication, we are here to answer all questions.

Pharmacy Services
Medical Equipment
Personal Services

Bryan Thompson, RPh
821 Scioto Street
Urbana, OH 43078
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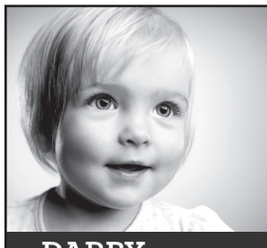
Theresa's Gingerbread House, LLC
Childcare Centers
Owners:
Theresa Cox & Heather Chamberlain

TGH II Administrator:
Jaimee Fraley
62 Oakland St.
Mechanicsburg, OH 43044
937-834-1600
Fax: 937-834-3834

TGH Administrator:
Andrea Laing &
Carrie Givens
1202 North Main St.
Urbana, OH 43078
937-653-8006
Fax: 937-484-4805

TGH III Administrator:
Tonya Rutan
501 West Baird St.
West Liberty, OH 43357
937-650-8006
Fax: 937-650-8066



A baby's first dental checkup is recommended around their first birthday or within 6 months after his or her first tooth comes in.

The checkup is usually quick and requires no treatment but gives the dentist a chance to meet your child and review their bite. Much of the visit is to discuss oral hygiene and habits that will help your child's teeth as they develop.

Call Us To Schedule Your Child's First Appointment!

DARBY
DENTAL SMILES
general dentistry
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18 S. Main St, Mechanicsburg

URBANA
DENTAL SMILES
general dentistry
937-653-5369
314 Patrick Avenue, Urbana

darbydentalsmiles.com

Adalyn Rose Badenhop

Granddaughter of
Dave & Renee' Johnson of Urbana

Vivian Coffman

Granddaughter of Debbie Mefford
of Urbana

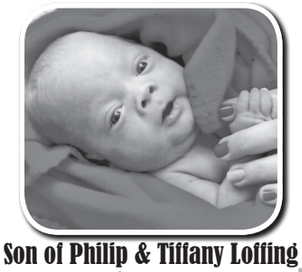
Hannah Marie Alty

Daughter of Sean & Hidy Alty
of Mechanicsburg

Nolan Anderson Payne

Son of Hilary & Anderson Payne
of Galloway

Kemper Philip Loffing



Son of Philip & Tiffany Loffing
of Urbana

Patrick Hunter Flanigan

Son of Dayna Flanigan
of Urbana

Karly Wooten

Granddaughter of Kevin &
Kimberly Wooten of Urbana

Hannah Renee Whitehead

Daughter of Mark &
Charla Whitehead of Conover

GREAT FUTURES START AT...

Green Hills Child Care Center!

We promote each child's self-worth and self-expressions in a safe environment. We offer small class ratios, a secure playground area, intergenerational activities, sibling discounts, breakfast/lunch/snacks, and much more!

Children 6 weeks to 6 years in age are welcome.

◀ **PICTURED** (TOP)**: Ava Rognon** • Born: March 9 - Daughter of: Carolyn Michael & Shane Rognon of Bellefontaine; (LEFT): **Emmett Harr** • Born: July 24 - Son of: Erin Arnold & Ethan Harr of West Liberty; (RIGHT): **Jackson Case** • Born: Sept. 21 - Son of: Kimmy & Todd Case of West Mansfield.

Call Today to learn more about the Child Care Center

937.465.5065

Hours:
6am-6pm Monday - Friday

6557 U.S. 68 South
West Liberty, OH 43357
www.greenhillscommunity.org

Green Hills Community™
Enriching All Seasons of Life

40844712

Karra Ann Wheeland

Great-granddaughter of Therese & the late Edward Young of North Hampton

Rhenna Audrey Smith

Granddaughter of Dow & Kathy Smith of Cable

Austin John Landis

Grandson of Bob & Roxanne Faulkner of St. Paris

Maverick Benz

Grandson of Phil & Kelli Vanbuskirk of Urbana

Sarah Ellyn Huffman

Granddaughter of Tom & Kathy Deam of Cable

Myles Rasesh Patel

Son of Rasesh & Sara Patel of Urbana

Beatrisse Diana Lyons

Granddaughter of Diana & the Late Robert Lyons of Urbana

Sarah Ellyn Huffman

Daughter of Kyle & Kelly Huffman of Cable

AN INVESTMENT WORTH MAKING!

Member FDIC

The Peoples Savings Bank is pleased to offer our new "GRANDPARENTS" Account. This special account will provide you with an opportunity to start saving for your grandchildren's future with a premium rate. Any grandparent, parent, aunt, uncle, or interested party is eligible to open as many accounts as they have children.

To assist you with opening your GRANDPARENTS SAVINGS ACCOUNT, we can schedule a time that is convenient for you. Call or stop in today!

THE Peoples Savings Bank

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Elijah Jack Lucas

Grandson of
Dan & Kathy Bair of St. Paris

Asrielle Ralynn Vactor

Granddaughter of
Carl & Marcie Vactor of Urbana

Myles Rasesh Patel

Grandson of Neil & Karen Stevens
of Urbana

Tanner Roseberry

Grandson of
Stephen & Gina Roseberry of Urbana

Ava Lynn Ott

Daughter of
Kyle & Lesley Ott of Xenia

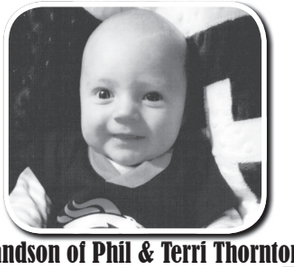
John Avery Thomas Crowder

Son of John & Shannon Crowder
of Cable

Kemper Philip Loffing

Grandson of Bud & Nancy Hoffer
of Urbana

Wesley Philip Walton



Grandson of Phil & Terri Thornton
of Urbana

WHEN IT COMES TO DELIVERING YOUR BABY, YOU WANT THE BEST.

Our patients agree that Memorial Hospital provides top-notch care — the kind every expectant mother should experience.

"My doctors and nurses were above and beyond what I could have asked for. I felt loved, safe, and very well cared for." – *Brittany*

"I chose this hospital over all Columbus hospitals to deliver my baby." – *Sarah*

"The nurses kept me informed every step of the way and were great in helping me manage pain." – *Alisha*

"My doctor is truly an expert and together with the nurses, made my birthing experience very pleasant." – *Angela*

To schedule a private tour of the Memorial Miracle Life Center, call (937) 578-2329.

Mom-Approved Care

Percentage of moms rating us good or very good

99.2 "Skill of nurses"

97.6 "Staff included patient during treatment decisions"

98.4 "Staff concern for privacy"

97.6 "Skill of physician"

Data reported is reflective of Press Ganey scores provided by discharged OB patients from Jan 1, 2015 through December 31, 2015. Press Ganey compares patient experience data from over 2,000 hospitals nationwide.

Memorial HOSPITAL
memorialohio.com

Jayceigh Nichole Roberts

Great-granddaughter of
John & Janet Schilliger of Urbana

Gustav Wilhelm Lichtenberg

Son of Sara & Craig Lichtenberg
of Urbana

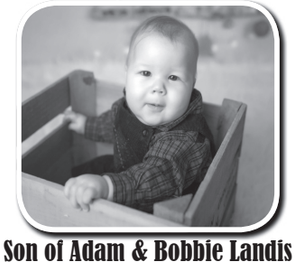
Levi Alwyn Cork

Great-grandson of Therese & the late
Edward Young of North Hampton

Patrick Hunter Flanigan

Grandson of the Late
Dan Flanigan

Austin John Landis



Son of Adam & Bobbie Landis
of St. Paris

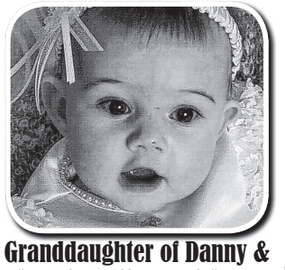
Hannah Renee Whitehead

Granddaughter of Dan & Judy
Whitehead of St. Paris

Catie Ann Dagger

Granddaughter of
Dow & Kathy Smith of Cable

Sarah Ellyn Huffman



Granddaughter of Danny &
Cynthia Huffman of Cable

IT TAKES A
COMMUNITY
TO PROTECT
A CHILD

To report child abuse or for more information on how you can help protect children & preserve families

Call 484-1500

Champaign County Department of Job & Family Services
champaigndjfs.org

40846483

Anyone can refer to Help Me Grow!

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Free developmental screenings

Family centered services for children birth-three with developmental delays

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fcfhelpmegrow@ctcn.net
ccfcfc.org
Facebook.com/ChampaignCountyHMG

CHAMPAIGN COUNTY
HELP ME GROW

4084470

Robert William Herndon

Grandson of Ted & Karen Herndon of Cable

Patrick Hunter Flanigan

Grandson of Dawn & Butch Lininger of Woodstock

Ava Lynn Ott

Granddaughter of Tim & Vickie Howell of St. Paris

Witten Grady Jones

Great-Grandson of Beverly Lafferty of Urbana

Miriam Elizabeth Sorensen

Daughter of Adam & Heather Sorensen of Mechanicsburg

Aubrey Leigh Vincent

Daughter of Gary & Michelle Vincent of Urbana

Hale Underwood

Son of Brittany & Levi Underwood of Urbana

Tips for mothers returning from maternity leave

Returning to work after several months of maternity leave is a difficult yet manageable transition working mothers must make.

Returning from maternity leave can be challenging for any mother, but it can be especially difficult for first-time mothers, many of whom spend the vast majority of their maternity leaves with newborn babies in hand. While the challenge of returning from maternity leave can be considerable, working mothers can take steps to ensure the transition goes as smoothly as possible.

• Find trustworthy child care. Mothers' biggest concerns when returning from maternity leave tend to center around child care. It can be quite a nerve-wracking leap to leave a young child in someone else's care for the first time, but working parents must find someone to care for their children while they are at work. Start looking as soon as possible, asking physicians, family members, friends, and neighbors for recommendations. Insist on references from any potential caregivers, and don't hesitate to find a new care provider if your initial choice does not pan out.

• Adjust your breastfeeding schedule. As the end of maternity leave nears, mothers can adjust their breastfeeding schedules so babies grow accustomed to nursing during hours when their mothers will be home and not at the office. Some companies have on-site child care, and mothers who can take advantage of such programs should establish an on-site breastfeeding schedule and let their bosses know at which points during the day they will be visiting the on-site child care facility to breastfeed.

• Inquire about telecommuting. The idea of telecommuting might have been a topic better broached before you went on maternity leave, but it's never too late to inquire. Some companies embrace telecommuting while others are more hesitant to allow employees to work from home. Find out which category your company falls into, or if bosses are willing to meet you in the middle ground and enable you to work from home one or two days per week. Telecommuting can make the transition back to work a little easier, and it can save you substantial amounts of money on child care as well.

• Address any uncomfortable feelings. Returning from maternity leave often stirs feelings of guilt or sadness. If you develop such feelings, speak openly about them with your significant other and/or speak to fellow working mothers who can often offer support and share their own stories about returning from maternity leave.

• Cut back on your commitments. Before you became a mother, you might have been the type of employee who was never afraid to take on a new project no matter how much was already on your plate. Now you may have to make adjustments. Avoid taking on any additional work as you get used to being a working mother. Once you grow accustomed to your new schedule and being both a professional and a mother, then you can start taking on additional commitments if you feel you can swing it.

Returning from maternity leave is a challenge working mothers must face. But those who start to think about their transitions back to the office sooner rather than later will be better prepared to handle such a unique experience.

EXCEPTIONAL HEALTH CARE THROUGH EVERY STAGE OF A WOMAN'S LIFE

PROVIDING YOU:

- Annual Wellness Gynecology Exams
- General Women's Health Care Services
- Hysterectomy Alternatives
- Infertility
- Menopausal Disorders & Hormone Therapy
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- Pregnancy Care & Delivery
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OBSTETRICS & GYNECOLOGY

Convenient morning & evening appointments:
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CARE WITH KIDS IN MIND

We understand that every child is a unique individual, not just a little adult. And when they aren't well, they have their own ways of expressing that too. That's why we care for more than just the tummy ache, the booboo, or the ouchie. We care for the whole child - physical, social and emotional. All right here, close to home.

WALK-IN VISITS & SATURDAY HOURS AVAILABLE

OFFICE HOURS
Mon/Wed/Thurs
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Tues 7:30 a.m. – 7 p.m.
Fri 7:30 a.m. – 5 p.m.
Sat 8 a.m. – Noon

CARING FOR:

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